

**How to use the Soft-Ride Ice Spa Pro**

**Contents:**

- **Ice Spa Ice Pro boot with Channeled Gel Orthotic, four nylon connector straps and neoprene closure wrap**
- **Gel Pillow Cuff, with connector clips that secures the Spa to the leg.**
- **Elastic Webbing in 8" length for fore leg application or 13" length for back leg application which tightens the Gel Pillow Cuff to the leg.**
- **26" Elastic Webbing that wraps around the neoprene closure to contain the ice in the spa**

- 1) Begin by preparing the Ice Spa Pro for use:
  - a. Make sure the drain plug and o-ring are installed
  - b. Pull up the neoprene closure on the Ice Spa Pro and attach the end of the 3" x 26" elastic webbing end without the blue nylon loop to one side of the wrap, about one inch from the top.
  - c. Then, roll the neoprene closure wrap down around the outside of the Ice Spa
  - d. Make sure the four nylon straps are extended to their full length and are hanging outside the boot
- 2) To the Gel Pillow cuff, attach the 8" elastic webbing end without the loop (for fore leg application or the 3' x 13" for back leg application) to the Velcro patch on one end of the Gel Pillow Cuff.
- 3) Place the Gel Pillow Cuff around the horse's leg just above the knee (Velcro facing out). The opening of the Gel Pillow Cuff should be oriented toward the front of the leg, and the four plastic connector clips are at the top of the Gel Pillow Cuff.
- 4) Secure the Gel Pillow Cuff to the leg by pulling on the blue nylon loop on the elastic and attaching it to the opposite Velcro on the Gel Pillow Cuff. Be sure it is tight enough to hold the Ice Spa Pro in position above the knee, but not so tight as to effect blood flow.
- 5) Lift the horse's leg and place the leg into the Ice Spa Pro, centering the hoof flat on the orthotic.
- 6) Connect the four magnetic buckles on the nylon straps to the corresponding connector clips on the Gel Pillow.
- 7) Tighten the straps by pulling on the end of each strap until the Ice Spa Pro is firmly attached to the Gel Pillow Wrap Cuff. If necessary adjust the straps so that the leg is centered in the Ice Spa Pro.
- 8) Pour enough water into the Ice Spa Pro, to cover the entire hoof to the ankle. (typically about a liter/quart) Always add water before the ice.

- 9) Next, gently fill with ice cubes, filling to the top of the Ice Spa Pro or desired level. Whole ice cubes will last longer than crushed ice and are adequate to use as long as the straps remain tightened to keep the hoof in complete contact with the orthotic and preventing the hoof lifting off the orthotic.
- 10) After adding water and ice, pull the neoprene closure up and wrap it around the leg. Tightly. Overlap the flaps on the neoprene and wrap the 3" x 26" elastic webbing around the neoprene. Pull it tight enough to hold the wrap closed, and secure it anywhere on the neoprene wrap with the Velcro patch next to the blue loop.
- 11) For prolonged icing, simply unscrew the drain plug and drain some of the melted ice water. Then, undo the elastic webbing around the neoprene wrap. Open the wrap far enough to add more ice to the remaining water, then rewrap the neoprene closure with the elastic webbing again.

### **To remove the Ice Spa Pro at completion of the icing session**

- 1) Unscrew the drain plug to drain the water. Be sure to put the drain plug and plastic o-ring in your pocket or someplace where they can't get lost.
- 2) Loosen the elastic webbing around the neoprene closure and roll down the neoprene closure.
- 3) Release the magnetic buckles on the four connector straps, then lift the horse's leg out of the Ice Spa Pro and set the Ice Spa aside in safe location that horse cannot step on.
- 4) Remove the Gel Pillow Cuff by pulling on the blue loop on the elastic webbing.

### **Cleaning the Ice Spa Pro with gentle soap and water**

- 1) Wash off the Gel Pillow Cuff
- 2) Remove the Gel Orthotic and wash out the Ice Spa Pro and the Orthotic.
- 3) Be sure the drain is clean, then reinsert the o-ring and drain plug
- 4) Wash off the elastic webbing and neoprene wrap
- 5) Clean the Velcro patches with a brush
- 6) Hang the spa upside down to dry naturally.
- 7) For routine disinfection in an isolation environment, use own equipment disinfection protocols; or similarly dunk momentarily (30 seconds) in 5 gallon bucket of water with a broad spectrum disinfection solution (such as Virkon).
- 8) Example: Virkon published dilution rate 1:100 or 10 grams of disinfection to every 1 liter of water.
- 9) Recommend to replace solution once it has become soiled or every 4-5 days.
- 10) Be aware that soaking the Pro in harsh cleansers or disinfection solution for prolonged time or adding heat can cause excessive drying and premature aging and damage.
- 11) Rinse thoroughly with water and hang the spa upside down to dry naturally.