



❄️ Winter Laminitis Quick-Reference Guide ❄️

What is Winter Laminitis?

A laminitis-like condition triggered by cold weather, often affecting horses with metabolic issues (PPID, insulin resistance). Caused by reduced blood flow to the hoof in freezing conditions.

■ Key Signs & Symptoms

- Short, stiff gait (especially on frozen ground)
- Rocked-back stance to relieve front feet
- Reluctance to move or lying down more often
- Warm hooves, especially near the coronary band
- Strong or bounding digital pulse
- Sensitivity when turning or walking on hard ground

Tip: Check hooves daily in cold weather. Early recognition is crucial.

■ Common Causes

- Cold-induced hoof vasoconstriction
- PPID (Cushing's disease)
- Insulin resistance / equine metabolic syndrome
- Sudden temperature drops
- Thin soles or pre-existing hoof issues

■ Treatment Checklist

- **Soft Ride Boots & Orthotics:** Cushion, warm, and support sore hooves.
- **Veterinary Care:** Anti-inflammatories and guidance on managing pain.
- **Warm Environment:** Shelter from cold, wind, and dampness.

- **Soft Bedding:** Provides relief and reduces hoof pressure.
- **Address Underlying Conditions:** Test and treat PPID or insulin issues.

■ Prevention Tips

- Use Soft Ride boots proactively in freezing conditions.
- Monitor high-risk horses closely during cold snaps.
- Provide shelter to reduce cold stress.
- Keep up with routine veterinary care and metabolic testing.
- Act quickly if signs appear—early action prevents worsening.

■ Soft Ride Spotlight

Soft Ride boots aren't just for recovery—they're a **first line of defense** in winter. They provide cushioning on frozen ground, help maintain warmth, and keep your horse comfortable all season long.